

January 2019

Breakfast: \$2.90
 Reduced: \$.30
 Lunch: \$3.90
 Reduced: \$.40

Monday

Tuesday

Wednesday

Thursday

Friday



31

Winter Break

1



2

Happy New Year!

3



4



Welcome Back Breakfast Pack: 7
 Cinnamon Chex Cereal with Honey Grahams, Apple Juice, and Milk

Chicken Bites with Ketchup Packet and Seasoned Blanched Broccoli

Homestyle Apple Cinnamon Muffin 8
 with Orange Juice

The Revolution Hot Dog with Ketchup Packet and Green Peas

Minimum Day

9
Bagel with Turkey with Cream Cheese Packet and Fresh Fruit

Cheesy Pizza Bites with Baby Carrots and Pinto Beans

10
Peach Pancake Bowl

Meatles 'Italian' Calzoni with Fresh Cucumber Slices

11
Plain Bagel with Cream Cheese Packet and Orange Juice

Five Cheese Lasagna with Honey Wheat Crackers and Glazed Carrots

14
Whole Grain Blackberry Zac Omega Bar with Fresh Fruit

Creamy Chicken Alfredo with Steamed Corn

15
Chicken Sausage & Omelet Gordita with Syrup Packet and Orange Juice

Spaghetti Marinara with String Cheese and Fresh Celery Sticks

Minimum Day

16
Banana Muffin with Orange Juice

Chicken Potstickers with Not-So-Fried Rice, Chopped Romaine Lettuce, and Sliced Tomatoes

17
Whole Grain Cheerios with Whole Grain Apple Zac Attack Bar and Fresh Fruit

Breakfast for Lunch: Pancakes and Cheesy Omelet with Glazed Carrots and Fresh Fruit

18
Blueberry Burst Muffin with Orange Juice

Cheesy Ravioli with Whole Grain Dinner Roll, Baby Carrots and Pinto Beans

**MLK Jr. Day
 NO SCHOOL**

21

22
Whole Grain Strawberry Zac Attack Bar with Fresh Fruit

Chicken Bites with Ketchup Packet and Steamed Corn

Minimum Day

23
French Toast Sticks with Syrup Packet and Orange Juice

Meatless Philly Cheese 'Steak' Calzoni with Seasoned Blanched Broccoli

24
Cinnamon Toast Bagel with Fresh Fruit

Chicken Gumbo with Cornbread and Fresh Cucumber Slices

25
Turkey & Cheddar Brekwich with Fresh Fruit

Chicken Taco Trio with Carrot Rice and Steamed Carrots

28
ZeeZees Cinnamon Crisp Bar with Fresh Fruit

Cheesy Pizza Bites with Fresh Celery Sticks

29
Plain Bagel with Cream Cheese Packet and Orange Juice

Chicken Tamale with Seasoned Carrots, Corn, and Peas

Minimum Day

30
Cinnamon Crumble with Orange Juice

Sunny Sandwich Kit (Sunbutter, Jelly, Whole Grain Bun) with Yogurt, Chopped Romaine, and Sliced Tomatoes

31
Strawberry Pancake Bowl

Kung Pao Chicken with Glazed Carrots

- Menu subject to change.
- Fresh fruit is provided with every meal.
- This institution is an equal opportunity provider.