

# Breakfast and Lunch Menu

# December 2018

REACH Leadership STEAM Academy

Breakfast: \$2.90  
 Reduced: \$.30  
 Lunch: \$3.90  
 Reduced: \$.40

## Monday

**Whole Grain Dipperdoodle Bar** 3  
 with Fresh Fruit

**Chicken Bites** with Ketchup Packet, and Steamed Corn

**Yogurt** 10  
 with Educational Snacks and Fresh Fruit

**Chicken Enchiladas Roja**  
 with Seasoned Rice and Steamed Corn

**Whole Grain Corn Chex** 17  
 with Whole Grain Strawberry Zac Attack Bar and Fresh Fruit  
**Chicken Bites**  
 with Ketchup Packet and Green Peas

## Tuesday

**Homestyle Apple Cinnamon Muffin** 4  
 with Fresh Fruit

**Baked Mac & Cheese and Sausage Lunch Combo** with Cinnamon Rumbles and Glazed Carrots

**Plain Bagel** 11  
 with Cream Cheese and Fresh Fruit

**Classic Turkey & Cheddar Sandwich**  
 with Mayonnaise Packet and Seasoned Blanched Broccoli Florets

**Buttermilk Pancakes** 18  
 with Syrup and Fresh Fruit

**Meatless 'Italian' Calzoni**  
 with Whole Grain Animal Crackers and Fresh Cucumber Slices

## Wednesday

*Minimum Day*  
**Cinnamon Grahams** 5  
 with String Cheese and OJ

**Meatless Philly Cheese 'Steak' Calzoni** with Chopped Romaine Lettuce and Sliced Tomatoes

*Minimum Day*  
**Whole Grain Strawberry Zac Omega Bar** 12  
 with OJ and Fresh Fruit

**Pupusa Bean and Cheese**  
 with Grape Tomatoes and Pinto Beans

*Minimum Day*  
**Chicken Sausage & Omelet Gordita** 19  
 with Syrup Packet and OJ

**Cheese Pizza** with Chopped Romaine and Sliced Tomatoes

## Thursday

**Turkey and Cheddar Brekwich** 6  
 with Fresh Fruit

**Breakfast for Lunch: Pancakes & Cheesy Omelet** with Syrup Packet and Fresh Cucumber Slices

**Strawberry Pancake Bowl** 13  
 with Fresh Fruit

**The Revolution Hot Dog**  
 with Ketchup Packet and Fresh Cucumber Slices

**Lemon Muffin** 20  
 with Fresh Fruit

**Breakfast for Lunch: Pancakes and Sweet Chicken Sausage** with Syrup Packet, String Cheese, and Glazed Carrots

## Friday

*No School for 7  
 Parent/Teacher Conferences*

**Homestyle Apple Cinnamon Muffin** 14  
 with OJ and Fresh Fruit

**Cheese Tamale** with Seasoned Rice and Black Beans, and Glazed Carrots

**French Toast Muffin** 21  
 with OJ and Fresh Fruit

**Kickin' Chicken Melt Sandwich** with Baby Carrots and Pinto Beans

24  
**Winter Break**

25

26

27

28



31



1



2

3

4

*See you next year!*

Menu subject to change.  
 Fresh fruit is provided with every meal.  
 This institution is an equal opportunity provider.