

# REACH Leadership STEAM Academy Menu January 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	
	<h2 style="font-size: 2em; margin: 0;">Winter Break</h2>					
7	8	9	10	11	12	13
	<b>Breakfast:</b> Cinnamon Chex w/ Honey Grahams & Apple Juice  <b>Lunch:</b> Baked Mac n' Cheese w/ Chicken Bites & Celery Sticks	<b>Breakfast:</b> French Toast Muffin w/ Orange Juice  <b>Lunch:</b> Breakfast for Lunch! Pancakes & Cheesy Omelet w/ Baby Carrots	<b>Breakfast:</b> Southwest Chicken Chorizo & Cheese Bagel w/ Pineapple Juice  <b>Lunch:</b> Flame Broiled Cheese Burger w/ Lettuce & Tomato	<b>Breakfast:</b> French Toast w/ Egg & Turkey Sausage  <b>Lunch:</b> Cheese Tamale or Sunbutter & Jelly Sandwich w/ Green Peas	<b>Breakfast:</b> Egg & Chicken Sausage Quesadilla w/ Orange Juice  <b>Lunch:</b> Chinese Chicken Noodles & Steamed Carrots	
14	15	16	17	18	19	20
	<b>No School: Martin Luther King Holiday</b>	<b>Breakfast:</b> Whole Grain Corn Chex w/ Whole Grain mini Dipperdoodle Bar  <b>Lunch:</b> Spaghetti Marinara w/ String Cheese & Corn	<b>Breakfast:</b> Cinnamon Toast Bagel w/ Pineapple Juice  <b>Lunch:</b> Hot Dog w/ Celery Sticks	<b>Breakfast:</b> Autumn Spice Muffin  <b>Lunch:</b> Chesy Pizza Bites W/Broccoli	<b>Breakfast:</b> Chicken Sausage & cheddar Breakfast Sandwich W/Orange Juice  <b>Lunch:</b> Bean & Cheese Quesadilla W/ Glazed Carrots	
21	22	23	24	25	26	27
	<b>Breakfast:</b> Whole Grain Chex W/ Whole Grain Strawberry Zac Attack Bar  <b>Lunch:</b> Breakfast for Lunch! Pancakes W/ Sweet Chicken Sausage & Cucumber Slices	<b>Breakfast:</b> Buttermilk Pancakes W/ Orange Juice  <b>Lunch:</b> Chicken Bites & Goldfish Pretzels W/ Grape Tomatoes & Three Bean Salad	<b>Breakfast:</b> Chicken Sausage & Omelet Gordita W/ Pineapple Juice  <b>Lunch:</b> Flame-Broiled Beef Chesseburger W/ Romaine Lettuce & Sliced Tomatoes	<b>Breakfast:</b> Breakfast Burrito (Egg & Chesse)  <b>Lunch:</b> Chicken Taco Trio W/ Carrot Rice & Steamed Corn!	<b>Breakfast:</b> French Toast Muffin W/ Orange Juice  <b>Lunch:</b> Veggie Chili W/ Seasoned Rice & Cornbread W/ Steamed Carrots	
	29	30	31	<p style="text-align: center;">WINTER VEGETABLES</p>		
	<b>Breakfast:</b> Snow Flurries Cereal Bowl W/ Fresh Fruit  <b>Lunch:</b> Buffalo Chicken Wrap W/ Ranch Dressing & Corn	<b>Breakfast:</b> Apple Cinammon Muffin W/Orange Juice  <b>Lunch:</b> Chesse Lasagna W/ Fresh Celery Sticks	<b>Breakfast:</b> Plain Bagel W/ Cream Chesse & Pineapple Juice  <b>Lunch:</b> Chesy Bites & Baby Carrots W/ Fresh Fruit			

Fresh fruit is included with every meal. Menu Subject to change. This institution is an equal opportunity provider.